

look gorgeous

## Unpack those eye bags

– *no knife needed*

Botox and dermal fillers aren't news to most of us, but a combination of the two has recently been introduced to help reduce annoying under-eye bags. Target those puffs caused by excess fat, fluid and relaxed skin by opting for a combination of advanced dermal fillers and Botulinum Toxin to provide added lift and assist with the longevity of the dermal fillers.

**WHAT MAKES IT TICK?** The treatment takes only about 30 to 40 minutes at a time, and the Botulinum Toxin lasts for three to four months while the fillers can last for up to nine to 12 months.



"I see eye rejuvenation as part of my pampering routine – it's extremely rewarding, long-lasting and visibly brightens and widens my eyes, giving me an added confidence boost."

Shirin Ismail, 43

+ **Dermal fillers are injected** into the 'tear trough' – a depression situated just below the eye. This depression is responsible for the sunken appearance of the eyes as we age.

+ **Dermal fillers, such as Restylane®, Sub-Q® >>**

and Fortelis®, fill deep hollows below and around your eyes.

✦ **Botulinum Toxin**, otherwise known as Botox, treats crow's feet and wrinkles located around your eyes and between your brows.

And that's it! The great news is that Botulinum Toxin and the fillers all have an established safety profile to help ease your mind.

**IS IT FOR YOU?**

Yes, if you have dark circles or under-eye bags (the puffy kind or the flat and crêpey sort) and you've tried just about anything! The treatment is also great for reducing the appearance of lines and wrinkles.

**THE DOWNSIDE?**

Those with a fear of needles won't be a fan!

**THE SMALL PRINT?**

Costs can vary between R5 000 and R15 000, depending on your needs and the quantity of fillers and Botulinum Toxin used. Call Dr Anushka Reddy from Medi-Sculpt Clinic in Ruimsig, Johannesburg on 011 958 2261 or visit [medisculptclinic.co.za](http://medisculptclinic.co.za) for more information.

