



Flutter Those Lashes

Procedure: Eyelash Grower

What Does It Do? Strengthens, lengthens and increases the life cycle of each eye lash along with enhancing the colour of the lashes.

How Is It Done? After a consultation with a qualified doctor, the patient is given the Latisse eyelash grower product which can be used at home. The patient is required to apply the clear liquid which contains an active eyelash grower ingredient called bimatoprost and required to brush this onto the upper eyelash lid once a day for 16 weeks.

Ideal Candidates: People who have short eyelashes or who have previously used glue-on eyelashes which have damaged or diminished their natural lashes.

Recovery And Results: Full results can be seen after 16 weeks.

What Does It Cost? From approximately R500

For more information on the eyelash grower and the liquid face lift contact The Medi-Sculpt Clinic on (011) 958-2261 or visit www.medisculptclinic.co.za



BEFORE



Medi-Sculpt Clinic
Revive Your Skin + Revive Your Body



Latest Trends In Anti-Ageing Medicine

DR Anushka Reddy, an experienced cosmetic physician in Johannesburg who also trains doctors, has recently returned from the World Anti-Ageing conference in Monte Carlo and shares some of latest trends in anti-ageing medicine.

Trends reflect that more people are opting for non-surgical procedures because of minimal healing time, lower costs and major advances related to these procedures. The latest to come out of the Anti-Ageing World Conference are:

- Stem cells will be used extensively in anti-ageing medicine. They are non-specific cells, and can generate healthy cells in ageing skin. With advances in stem cell research, scientists can take youthful adult cells and stimulate them until they release certain signals. These signal indicators are then collected in a cream base that would be applied to the hands, face and neck or any portion of the body. The procedure has already been clinically tested and evidence shows that it can intensify the moisturising of the skin and will eradicate any fine lines, wrinkles and ageing skin indications. The best explanation given by clinical scientists is that it is equal to turning a raisin back into a grape!

- Nanotechnology is being heralded in some circles as the answer to a range of anti-ageing problems, as evidenced by the world's largest cosmetics company devoting most of their research budget to nanotechnology. The technology uses nanosomes to push anti-ageing ingredients deep into the dermis. Nanotechnology also extends the range of ingredients that can be used in cosmetics. Many highly active anti-ageing ingredients which would cause skin irritation in their raw state are coated with nanosomes and can be delivered to the underlying layers of the skin without causing inflammation.

- Building on the demand of minimally-invasive procedures, 'EyeJuvenation' will become a popular offering. Coupled with the FDA approval of Latisse, which supports the growth of fuller, darker eyelashes, practitioners will offer a suite of services and products focusing specifically on the eye. This includes Botox for treatment of crows feet and deep wrinkles between the brows, coupled with the use of dermal fillers such as Restylane to fill deeper hollows below and around the eyes.

For more information contact Dr Anushka Reddy at The Medi-Sculpt Clinic on (011) 958-2261 or visit www.medisculptclinic.co.za

BE Skin



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AF ure is the laser peel ers of the skin's by younger skin d become less r. The duration of the e hour. should be over amage and ients' healing time treatment. Redness last several weeks. pproximately on the depth of the

The Melrose 10 or visit



people's choice - products to try at home:

1. Decelerate Anti-Wrinkle Cream: R598, DermaFix
2. Total Effects Blemish Care Moisturiser: R175, Olay
3. Whitening Radiance Mask: R455, Phytotherm
4. Total Effects Age Defying Face Wash: R80, Olay

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